

What is Pregnyl used for?

Pregnyl belongs to a family of hormones known as gonadotrophins, which are involved with the normal control of reproduction.

Pregnyl may be used as part of your treatment to stimulate ovulation (develop and release an egg from your ovaries). It may also be given to you for a limited time period to support the lining of your uterus after ovulation or embryo transfer in fertility treatments.

Pregnyl is not addictive.

This medicine is available only on a doctor's prescription.

DO NOT use Pregnyl if:

- ◆ You have a history of allergy to Pregnyl or its ingredients
- ◆ Your ovaries are unable to be stimulated to produce eggs (primary ovarian failure or premature menopause)
- ◆ Uncontrolled thyroid or adrenal gland disease
- ◆ A tumour of the hypothalamus or pituitary gland
- ◆ Ovarian enlargement or large ovarian cysts
- ◆ Cancer of your ovaries, uterus (womb) or breasts
- ◆ Fibroid tumours in the uterus which would make pregnancy impossible
- ◆ Unexplained vaginal bleeding.

DO NOT use Pregnyl after the expiry date on the package has been passed.

DO NOT use Pregnyl if the packing is torn or shows signs of tampering.

If your medicine has expired or is damaged, return it to your pharmacist/clinic for disposal

Before you use Pregnyl

TELL YOUR DOCTOR if you have any allergies to:

- ◆ Any other medicines
- ◆ Any other substance such as foods, preservatives or dyes
- ◆ Any other pre-existing medical conditions

TELL YOUR DOCTOR if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food shop.

How to use Pregnyl

Pregnyl is given by a subcutaneous injection usually below or near your navel. Your clinic nurse or doctor will explain to you how to give the injection. Pregnyl comes in an ampoule as a powder and has to be mixed with water for injection, which is provided and is given as a single injection. The dosage can vary and your clinic nurse or doctor will explain the dosage to you.

Pregnyl Injection

Human chorionic gonadotropin

1800 111 IVF | ivf.com.au

Follow all directions given to you by your doctor or clinic nurse carefully.

They may differ from the information contained in this leaflet.

If you forget to take Pregnyl you should contact your doctor or clinic nurse immediately.

It is important that Pregnyl is injected on the correct day and at the correct time as instructed by your Doctor or clinic nurse. You must inform your doctor if your injection was not given as directed.

Side effects

TELL YOUR DOCTOR or clinic nurse if you do not feel well while taking Pregnyl.

All medicines have side effects. Sometimes they are more serious, most of the time they are not.

If you think you have side effects talk to your doctor or clinic nurse.

The most common side effects are:

- ♦ Pain, swelling or redness at the injection site
- ♦ Headache
- ♦ Tiredness
- ♦ Nausea/vomiting
- ♦ Abdominal pain

Less common side effects are: -

- ♦ Diarrhoea
- ♦ Depression
- ♦ Irritability
- ♦ Restlessness
- ♦ Breast pain
- ♦ Symptoms of OHSS (ovarian hyper stimulation syndrome) which include severe abdominal pain, nausea, vomiting, diarrhoea, shortness of breath and low urine output

If you are worried contact your doctor or clinic nurse

Storage

- ♦ Pregnyl should be stored in a refrigerator between 2-8°C. Do not freeze
- ♦ **DO NOT LEAVE IN THE CAR**
- ♦ Keep this medicine where children cannot reach it

Disposal

After injecting you should discard the syringe and ampoules even if you have not injected all of its contents. Syringes should be discarded in an appropriate disposal unit. Pregnyl